



Mindful Wellness Therapy

3245 Grove Ave; Suite 107

Berwyn, IL 60402

Phone: 708.637.6981

mindfulwellnesstherapy.com

HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective date: MAY 1, 2016

Mindful Wellness has been and will always be totally committed to maintaining clients' confidentiality. We will only release healthcare information about you in accordance with federal and state laws and ethics of the counseling profession. This notice describes our policies related to the use and disclosure of your healthcare information.

Uses and disclosures of your health information for the purposes of providing services.

Providing treatment services, collecting payment and conducting healthcare operations are necessary activities for quality care. State and federal laws allow Mindful Wellness to use and disclose your health information for these purposes.

TREATMENT

We may need to use or disclose health information about you to provide, manage or coordinate your care or related services. Which could include consultants and potential referral sources.

PAYMENT

Information needed to verify insurance coverage and/or benefits with your insurance carrier, to process your claims as well as information needed for billing and collection purposes. Mindful Wellness may bill the person in your family who pays for your insurance.

HEALTHCARE OPERATIONS

Mindful Wellness may need to use information about you to review our treatment procedures and business activity. Information may be used for certification, compliance and licensing activities.

Other uses or disclosures of your information which does not require your consent: There are some instances where Mindful Wellness may be required to use and disclose information without your consent. For example, but not limited to: (1) Information you and/or your child or children report about physical or sexual abuse--by Illinois State Law, we are obligated to report this to the Department of Children and Family Services. (2) If you provide information that indicates you are in danger of harming yourself or others. (3) Information to remind you of /or to reschedule appointments or treatment alternatives. (4) Information shared with law enforcement if a crime is committed on our premises or against our staff or as required by law such as a subpoena or court order.

Clinical records, psychotherapy notes and other disclosures require a separate signed release of information. You have a right to or will receive notification of a breach of any unsecured personal health information. You have a right to restrict any disclosure of personal health information where you have paid for services out-of-pocket and in full.